

BREAKFAST

*Orange, Apple or Cranberry Juice
Fresh Melon Slices or Banana*

*Hot or Cold Cereal Selection
With Milk*

*Scrambled or Over Easy Eggs & Bacon or Sausage
Toast or Muffin*

Coffee, Tea or Hot Cocoa

LUNCHEON

Soup of the Day

*Roast Chicken
Or
Baked Fish*

Rice Pilaf or Baked Potato

Broccoli Medley

*Strawberry Shortcake
Cookies & Ice Cream
Diabetic Delight*

Coffee or Tea

DINNER

Split Pea Soup

*Grilled Cheese & Tomato
Or
Chicken Salad Plate*

*Frosted Sheet Cake
Jello – diet or regular*

Coffee or Tea